Metropolitan Offices
1441 Drummond Street
Telephone 849-5331

Montréal Communiqué

June 15, 1971.

YMCA Swim Classes
For Newly Blind

About 12 newly blind adults are expected to be involved in a special introduction-to-swimming program to start June 16th in the Northwestern (NDG) YMCA.

The joint undertaking of the Y and the Canadian National Institute of the Blind is designed primarily to orient sightless persons to the water.

"The first steps are to get participants to float, tread water for two minutes and become capable of changing direction," says Jean Bonneau, Northwestern YMCA's phys ed director.

"When he or she can master these skills, they move to swimming," comments Bonneau.

- 30 -

For further information, please contact -

Bill Sher
849-5331